Brain-wide functional architecture remodeling by alcohol dependence and abstinence

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Alcohol abuse and alcohol dependence are key factors in the development of alcohol use disorder, which is a pervasive societal problem with substantial economic, medical, and psychiatric consequences. Although our understanding of the neurocircuitry that underlies alcohol use has improved, novel brain regions that are involved in alcohol use and novel biomarkers of alcohol use need to be identified. The present study used a single-cell whole-brain imaging approach to 1) assess whether abstinence from alcohol in an animal model of alcohol dependence alters the functional architecture of brain activity and modularity, 2) validate our current knowledge of the neurocircuitry of alcohol abstinence, and 3) discover brain regions that may be involved in alcohol use and dependence.

Alcohol abstinence resulted in the whole-brain reorganization of functional architecture in mice and a pronounced decrease in modularity that was not observed in nondependent moderate drinkers. Structuring of the alcohol abstinence network revealed three major brain modules: 1) extended amygdala module, 2) midbrain striatal module, and 3) cortico-hippocampo-thalamic module, reminiscent of the three-stage theory. Many hub brain regions that control this network were identified, including several that have previously been overlooked in alcohol research. These results identify brain targets for future research and demonstrate that alcohol use and dependence remodel brain-wide functional architecture to decrease modularity. Further studies are needed to determine whether the changes in coactivation and modularity that are associated with alcohol abstinence are causal features of alcohol dependence or a consequence of excessive drinking and alcohol exposure.

Significance

Visualizing functional changes in brain networks that are produced by alcohol use and alcohol dependence is a critical step in our understanding of the consequences of drinking alcohol. Because of technical limitations, visualizing changes throughout the whole brain at single-cell resolution has not been possible. The present study used a single-cell whole-brain imaging approach in mice to assess whether alcohol abstinence alters functional architecture of the brain. Compared with nondrinkers and casual drinkers, alcohol-dependent mice exhibited widespread increases in coordinated brain activity during abstinence and a decrease in modularity. We also identified target brain regions for future research and provide a single-cell whole-brain atlas that may be used to better understand the consequences of alcohol use, dependence, and abstinence.

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The authors declare no competing interest.

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Results

Experimental Overview. We used a well-validated mouse model of alcohol dependence, the two-bottle choice (2BC)/chronic intermittent ethanol (CIE) vapor paradigm (18), to explore the relationship between behavioral and neural effects of alcohol abstinence. We assessed alcohol intake in alcohol-dependent (2BC/CIE) and nondependent (2BC/Air) mice and assessed irritability-like behavior and digging behavior in 2BC/CIE, 2BC/Air, and alcohol-naive mice. We also identified functional coactivation networks during alcohol abstinence in alcohol-dependent mice and compared them to networks from alcohol-nondependent and naive mice. We then examined changes in modular structuring of the brain that are caused by alcohol abstinence and identified key brain regions that may drive network function. For an experimental outline see Fig. 1.

Alcohol Dependence Escalates Voluntary Alcohol Consumption. After 2 wk of baseline 2BC drinking and five rounds of alternating weeks of 2BC/CIE exposure, alcohol-dependent mice exhibited an increase in drinking compared with nondependent mice that had similar access to drinking but no exposure to alcohol vapor. The repeated-measures ANOVA, with group (alcohol-dependent and nondependent) as the between-subjects factor and week (baseline and postvapor intake) as the within-subjects factor, revealed a significant week × group interaction (F1,7 = 13.9, P < 0.05) and a significant effect of group (F1,7 = 10.0, P < 0.05). The Student–Newman–Keuls (SNK) post hoc test revealed that alcohol-dependent mice significantly escalated their alcohol intake during postvapor week 5 vs. their own baseline (2.8 ± 0.2 g kg−1·h−1 at baseline vs. 3.7 ± 0.3 g kg−1·h−1 at postvapor week 5), and alcohol-dependent mice had significantly higher alcohol intake compared with nondependent mice at postvapor week 5 (3.7 ± 0.3 g kg−1·h−1 for alcohol-dependent vs. 2.3 ± 0.2 g kg−1·h−1 for nondependent at postvapor week 5; Fig. 2A).

Alcohol Dependence Results in Affective Dysfunction during Abstinence. To evaluate affective dysfunction during alcohol abstinence, we measured irritability-like behavior and digging/marble-burying behavior. Increases in irritability and digging are key symptoms of alcohol abstinence in rodents (19–21). Nondependent mice and naive mice did not differ from each other in total irritability-like behavior scores (60.8 ± 3.4 for nondependent vs. 58.6 ± 3.2 for naive; t = 0.47, P > 0.05). Therefore, we combined nondependent and naive mice into a single control group. We found a significant increase in irritability-like behavior 1 wk into abstinence in alcohol-dependent mice compared with control mice (75.3 ± 2.8 for alcohol-dependent vs. 59.7 ± 2.2 for control; t = 3.92, P < 0.005; Fig. 2B). The alcohol-dependent mice also exhibited a significant increase in irritability-like behavior compared with both nondependent mice and naive mice when analyzed as separate groups by one-way ANOVA (F2,11 = 7.3, P < 0.05; SI Appendix, Fig. S1A).

Similar to irritability-like behavior, nondependent and naive mice did not significantly differ from each other in their composite digging behavior (−0.70 ± 0.25 for nondependent vs. −0.26 ± 0.14 for naive; t = 1.5, P > 0.05). Therefore, we combined nondependent and naive mice into a single control group. Alcohol-dependent mice exhibited a significant increase in digging behavior compared with control mice (2.2 for control vs. 5.6 for alcohol-dependent; t = 2.8, P < 0.01; Fig. 2C).

Fig. 1. Experimental design. The mice underwent the 2BC/CIE paradigm. The 2BC/CIE paradigm involves alternating weeks of 2BC (highlighted in blue) and CIE/Air (highlighted in red and gray, respectively). The mice underwent 2 wk of baseline 2BC testing followed by five rounds of alternating CIE or Air weeks and 2BC weeks. The mice then underwent a sixth week of CIE/Air and were then tested for irritability-like and digging behaviors 7 and 10 d, respectively, into abstinence (highlighted in green). The mice then underwent one additional week of CIE/Air, and brains were collected 7 d after the last vapor exposure with no intervening behavioral testing. Brains were collected during the time of day that the mice would normally undergo a 2BC session. Brains were then immunostained for Fos and cleared using the iDISCO+ procedure. Brains were then imaged and analyzed to identify brain regions that potentially contribute to behaviors and the functional networks for each treatment. Key brain regions in the alcohol abstinence network were then identified using graph theory. BBT, bottle-brush test of irritability-like behavior; DM, digging and marble burying.

Fig. 2. Alcohol drinking and abstinence behavior in alcohol-dependent vs. control mice. (A) Alcohol-dependent mice (black bars) exhibited a significant increase in alcohol drinking during postvapor week 5 2BC testing compared with alcohol drinking in nondependent mice (white bars) and their own baseline intake. (B) Irritability-like behavior. Alcohol-dependent mice (black bar) exhibited a significant increase in total irritable-like responses compared with control mice (nondependent and naive; white bar). *P < 0.05 (two-tailed), alcohol-dependent vs. nondependent for alcohol drinking or control for irritability-like and digging behavior; #P < 0.05 (two-tailed), alcohol-dependent postvapor week 5 vs. alcohol-dependent baseline.
Additionally, nondependent drinkers exhibited moderately higher levels of cross-correlation between brain regions compared with nondrinkers (naive). However, one cluster of brain regions that included the lateral amygdala (LA), endopiriform nucleus (EP), basolateral amygdala (BLA), central nucleus of the amygdala (CEA), and intercalated amygdala (IA) was notable because it was anticorrelated with most of the other brain regions (framed in Fig. 3 A–C). To further identify the way in which this amygdala cluster is functionally connected to the rest of the brain, we compared correlation patterns of the amygdala cluster with the brain regions that exhibited the highest levels of correlation/anticorrelation by calculating the average correlation across each brain region group (Fig. 4 A and B). A significant effect of group was found in all comparisons of the amygdala cluster to the other clusters that were examined: amygdala cluster intracluster (i.e., amygdala vs. amygdala comparison) correlation (excluding self-correlations; $F_{2,12} = 93.8, P < 0.005$), cortical amygdala/retrohippocampal cluster (cortical amygdalar nucleus posterior part [COAP], entorhinal area medial part [ENTm], entorhinal area lateral part [ENTl], and parasubiculum; $F_{2,12} = 13.5, P < 0.005$), parahippocampal cortex/tuber nucleus (PSNT/TU; $F_{2,12} = 14.0, P < 0.005$), cortical cluster (orbitofrontal cortex [OFC], prefrontal cortex [PFC], and sensory/somatosensory cortex; $F_{2,12} = 34.1, P < 0.005$), hippocampal cluster (HIPP; fields CA1, CA2, CA3, and dentate gyrus; $F_{2,12} = 23.2, P < 0.005$), thalamic cluster (THAL; major thalamic nuclei; $F_{2,12} = 8.6, P < 0.005$), hypothalamic cluster (HYPO; major hypothalamic nuclei; $F_{2,12} = 35.0, P < 0.005$), and interpeduncular nucleus (IPN) and ventral tegmental area (VT; $F_{2,12} = 4.0, P < 0.05$; Fig. 4B). In each instance, the effect of group was driven by the alcohol-dependent group. Interestingly, the cortical amygdala/retrohippocampal and PSNT/TU regions were positively correlated with the amygdala group, whereas the other regions were negatively correlated. These data indicate that alcohol-dependent drinkers presented a major increase in coordinated activity throughout the brain during abstinence.

Identification of Large-Scale Changes in Functional Neural Coactivation Caused by Alcohol Abstinence. To examine whether alcohol use and dependence resulted in changes in brain activity and organization, we examined changes in neural coactivation of the brain and modular structuring that were caused by alcohol abstinence. We first visualized interregional Fos correlations for each treatment condition (alcohol-dependent, nondependent, and naive). Correlation matrices were organized according to traditional anatomical groups from the Allen Mouse Brain Atlas (see Fig. 3, SI Appendix, Table S1, and Materials and Methods for the order in which brain regions are listed). When visualized this way, clear differences were observed in coactivation patterns between alcohol-dependent mice and nondependent and naive control mice (Fig. 3 A–C). Overall, alcohol-dependent mice exhibited a higher level of cross-correlation between brain regions compared with the control conditions (nondependent and naive). Additionally, nondependent drinkers exhibited moderately higher levels of cross-correlation between brain regions compared with nondrinkers (naive). However, one cluster of brain regions that included the lateral amygdala (LA), endopiriform nucleus (EP), basolateral amygdala (BLA), central nucleus of the amygdala (CEA), and intercalated amygdala (IA) was notable because it was anticorrelated with most of the other brain regions (framed in Fig. 3 A–C). To further identify the way in which this amygdala cluster is functionally connected to the rest of the brain, we compared correlation patterns of the amygdala cluster with the brain regions that exhibited the highest levels of correlation/anticorrelation by calculating the average correlation across each brain region group (Fig. 4 A and B). A significant effect of group was found in all comparisons of the amygdala cluster to the other clusters that were examined: amygdala cluster intracluster (i.e., amygdala vs. amygdala comparison) correlation (excluding self-correlations; $F_{2,12} = 93.8, P < 0.005$), cortical amygdala/retrohippocampal cluster (cortical amygdalar nucleus posterior part [COAP], entorhinal area medial part [ENTm], entorhinal area lateral part [ENTl], and parasubiculum; $F_{2,12} = 13.5, P < 0.005$), parahippocampal cortex/tuber nucleus (PSNT/TU; $F_{2,12} = 14.0, P < 0.005$), cortical cluster (orbitofrontal cortex [OFC], prefrontal cortex [PFC], and sensory/somatosensory cortex; $F_{2,12} = 34.1, P < 0.005$), hippocampal cluster (HIPP; fields CA1, CA2, CA3, and dentate gyrus; $F_{2,12} = 23.2, P < 0.005$), thalamic cluster (THAL; major thalamic nuclei; $F_{2,12} = 8.6, P < 0.005$), hypothalamic cluster (HYPO; major hypothalamic nuclei; $F_{2,12} = 35.0, P < 0.005$), and interpeduncular nucleus (IPN) and ventral tegmental area (VT; $F_{2,12} = 4.0, P < 0.05$; Fig. 4B). In each instance, the effect of group was driven by the alcohol-dependent group. Interestingly, the cortical amygdala/retrohippocampal and PSNT/TU regions were positively correlated with the amygdala group, whereas the other regions were negatively correlated. These data indicate that alcohol-dependent drinkers presented a major increase in coordinated activity throughout the brain during abstinence.
compared with moderate drinkers and nondrinkers and that moderate drinkers presented a small increase in coordinated activity compared with nondrinkers.

**Alcohol Abstinence Results in a Decrease in Modular Structuring of the Brain.** Substantial decreases in brain modularity have been observed in such brain disorders as dementia and after traumatic brain injury (7–12), but unclear is whether alcohol dependence results in similar changes in modular organization of the brain. We used hierarchical clustering to identify modular organization of the brain in alcohol-dependent and naive control mice. In control animals, we found that the brain was organized into 9 modules (nondependent drinkers) and 10 modules (naive mice), indicating a modest decrease in modularity in non-dependent drinkers. Interestingly, alcohol abstinence resulted in only three large modules, indicating an overall decrease in modularity (Fig. 5). In the controls (nondependent and naive), each individual module consisted of a smaller subset of brain regions compared with modules in alcohol-dependent mice. Notably, the decrease in the number of modules that was caused by alcohol abstinence compared with the other groups was independent of the clustering thresholds that were used (Fig. 5D).

In the alcohol-dependent network, hierarchical clustering identified two modules with opposing coactivation patterns and a third module that showed moderate coactivation with each of the other modules. We named the modules in the alcohol-dependent network based on the predominant regional components within each module (e.g., regions with the highest intramodule connectivity). One module was an extended amygdala module (module A), consisting of the CEA, BLA, LA, and IA. This module also contained the gustatory area (GU), PSTN, and medial habenula (MH), among other regions. A second module was a midbrain striatal module (module B), which consisted of the periaqueductal gray (PAG), paraventricular thalamus (PVT),

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**Fig. 5.** Hierarchical clustering of complete Euclidean distance matrices for each treatment. Modules were determined by cutting each dendrogram at half of the maximal tree height. (A) Relative distance of each brain region relative to the others that were examined in naive mice. In naive mice, nine distinct modules of coactivation were identified. (B) Relative distance of each brain region relative to the others that were examined in alcohol-nondependent mice. In alcohol-nondependent mice, eight distinct modules of coactivation were identified. (C) Relative distance of each brain region relative to the others that were examined in alcohol-dependent mice. In alcohol-dependent mice, three distinct modules of coactivation were identified. For all distance matrices, each module is boxed in purple. (D) Number of modules in each treatment condition after cutting the hierarchical clustered dendrogram at different percentages of tree height. In all cases (except at extreme cutoff values; e.g., 70–100%), the alcohol-dependent network showed a lower number of modules compared with the alcohol-nondependent and naive networks.
pons, substantia nigra reticulata and compact (SNr and SNC), midbrain reticular nucleus (MRN), and some additional amygdala areas that were not found in the extended amygdala module. The third module was a cortico-hippocampo-thalamic module (module C) that was highly anticorrelated with the extended amygdala module. The cortico-hippocampo-thalamic module included the PFC, the OFC, sensory and somatosensory cortices, the HIPP, the THAL, and the HYPO. This module also contained the VTA, IPN, lateral habenula (LH), bed nucleus of the stria terminals (BST), and nucleus accumbens (ACB; Fig. 5C and see SI Appendix, Table S1 for a full list of regions and modules). These data indicate that alcohol-dependent drinkers presented a decrease in modular structuring of the brain that was indicative of major structural reorganization of the neural network.

Identification of Key Brain Regions Associated with Alcohol Abstinence. To further characterize the functional network that is associated with alcohol abstinence, we used a graph theory approach to identify potentially critical hub brain regions (i.e., regions with the most intramodule or intermodule connectivity) which may drive activity within the network. We examined positive connectivity (thresholded to functional connections with a Pearson correlation coefficient >0.75 [0.75R] for inclusion as a network connection) of the network that is associated with alcohol abstinence in alcohol-dependent mice using the modules that were identified with hierarchical clustering to partition the regions of the network. The 0.75R threshold was chosen because all of the brain regions in each network showed connections to other regions at this threshold. Previous animal model studies used various thresholds, ranging from 0.3R to 0.85R (23, 24), to examine connectivity. Negative network connectivity was not examined herein because the precise meaning of such connectivity is controversial and thus is not often examined in network-based approaches (25–28).

We determined the participation coefficient (PC; i.e., a measure of importance for intermodule connectivity) and the within-module degree Z-score (WMDz; i.e., a measure of importance for intramodule connectivity) (29) for all brain regions in the network (see SI Appendix, Table S1 for a full list of values). We focused on potential hub regions from the extended amygdala module and its direct connections, given the importance of the extended amygdala in the hierarchical clustering analysis (Fig. 5C). In the extended amygdala module, several brain regions had both high PC and high WMDz values (Fig. 6). These regions included the CEA, IA, and superior colliculus sensory related (SCs). Additionally, the posterior cortical amygdala (COAp), PSTN, BLA, and EP had high WMDz values. Located near the major grouping of high WMDz regions of the extended amygdala module, the ENTm, LA, and TU had high PC values. Interestingly, several of these regions, including the TU, SCs, CEA, LA, and IA, connected strongly with the PAG, PPN, and PVT from the midbrain striatal module, and these regions collectively acted as the major bridge of connectivity between the two modules. Other regions in the extended amygdala module had high PC values connected to the midbrain striatal module, such as the HFR, claustrum (CLA), GU, retrosplenial area ventral part (RPVN), and olivary pretectal nucleus (OP). These regions were connected to a separate group of regions from the midbrain striatal module that included the ventral agranular insula (AIV), instead, a separate set of regions from the cortico-hippocampo-thalamic module was heavily involved in interactions with the midbrain striatal module, including such regions as the ACB, lateral hypothalamus (LHA), BST, and ventromedial hypothalamic nucleus (VMH), among others.

The midbrain striatal module had several regions that had both high PC values and high WMDz values, such as the medial amygdala (MEA), superior colliculus motor related (SCm), substantia innominata (SI), and MRN, among others. Additionally, both the PAG and PVT had high PC values because of their exclusive connectivity with the extended amygdala module. The PAG especially acted as a strong hub between the extended amygdala and midbrain striatal modules (high PC value connected to regions in the extended amygdala module).

In the extended amygdala module, several brain regions had both high PC values and high WMDz values. These regions included the CEA, IA, and SCs. Additionally, the COAp, PSTN, BLA, and EP had high WMDz values. Connected with the major grouping of high WMDz regions of the extended amygdala module, the ENTm, LA, and TU had high PC values. Interestingly, several of these regions, including the TU, SCs, CEA, LA, and IA, connected strongly with the PAG, PPN, and PVT from the midbrain striatal module, and these regions collectively acted as the major bridge of connectivity between the two modules.

The PAG especially acted as a strong hub between the extended amygdala and midbrain striatal modules (having a high PC value and several connections to regions in the extended amygdala module). We found that the extended amygdala module and cortico-hippocampo-thalamic module both interacted with the midbrain striatal module exclusively and not with each other. This was unsurprising because the extended amygdala module and cortico-hippocampo-thalamic module were found to have strong anticorrelations with each other. Interestingly, the cortico-hippocampo-thalamic module had numerous brain regions that drove coactivation within its own network, but none of these regions interacted, through positive connectivity, with the other modules. This was evident by the fact that the top 43 WMDz value brain regions of a total of 79 in the cluster had a PC ≤0.10.

### Table S1

<table>
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<td>0.75 ≤0.85 ≤0.95</td>
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Fig. 6. Functional connectivity of alcohol-dependent mice during abstinence thresholded to 0.75R. Nodes/hub regions of the network are represented by circles. The size of the node represents the PC (smaller = lower PC; larger = higher PC). The internal color of each circle represents the within-module degree Z-score (dark blue = lowest; dark red = highest). The color of the modules that are identified in Fig. 5C are represented by different colored edges of each node circle (red = module A/extended amygdala; blue = module B/midbrain striatal; green = module C/cortico-hippocampo-thalamic). The thickness of the lines represents the strength of the correlation between regions (thin = lower correlation; thick = higher correlation). See figure key for examples of each representative component of the figure.
lateral visual cortex (VISL), inferior colliculus (IC), P, POST, and suprachiasmatic nucleus (SCH). These data, together with the modular structure of the network, indicated that several brain regions contributed to the activity of each module. In the case of the cortico-hippocampo-thalamic module, however, the regions that were involved in intramodule and intermodule connectivity were distinct from each other. Conversely, in the extended amygdala and midbrain striatal modules, several brain regions contributed to both intramodule and intermodule network connectivity.

Discussion
The present study used single-cell whole-brain imaging to determine whether the brain is restructured by alcohol use, alcohol dependence, and abstinence. A history of alcohol drinking resulted in increases in coactivation networks compared with nondrinking controls. Specifically, nondependent subjects exhibited moderate changes in coactivation compared with nondrinkers, whereas abstinence from alcohol dependence resulted in the reorganization of functional coactivation networks compared with both nondependent and naive networks. Brain networks in dependent animals exhibited fewer larger modules of coactivated brain regions, indicating that abstinence is associated with a reduction of modularity. This lower modularity resulted in the emergence of a new network architecture that was different from control conditions, in which the majority of brain regions were coactivated with each other in a cortico-hippocampo-thalamic module but anticorrelated with an extended amygdala module. Using graph theory, we identified candidate hub (i.e., high intra- or intermodule connectivity) regions of the extended amygdala module that may play a critical role in driving neural activity that is associated with alcohol abstinence. These unbiased whole-brain analyses showed that abstinence from alcohol dependence resulted in lower modularity, but whether these changes are a cause or consequence of alcohol dependence is unclear and needs further investigation.

Similar to previous reports (18, 21, 30–32), the present study found an increase in alcohol drinking and signs of affective dysfunction (i.e., digging and irritability-like behavior). Interestingly, we did not observe signs of anhedonia in alcohol-dependent mice as measured by sweet taste preference. Previous studies in C57BL/6J mice also did not find alterations of sweet taste preference in either alcohol-dependent or binge-drinking models (18, 33, 34). However, other strains of mice were reported to exhibit lower sucrose preference after CIE exposure (35), suggesting that the specific mouse strain may be a factor in the development of anhedonia as an aspect of affective dysfunction.

When examining neural activity in each group, we found an increase in coactivation in both alcohol-dependent and nondependent networks compared with the naive network. The increase in coactivation was substantial in the alcohol-dependent network, but the moderate increase in coactivation in the nondependent network suggests that casual drinking may create a pattern of brain activity that is vulnerable to the transition to alcohol dependence. Indeed, in animal models, a prior history of alcohol drinking has been shown to facilitate the transition to alcohol dependence (36).

Using hierarchical clustering, we found a reduction of modularity in the alcohol abstinence functional network (3 modules) compared with the nondependent (9 modules) and naive (10 modules) networks, indicating that alcohol drinking and especially abstinence from alcohol dependence resulted in a less modular brain overall. In humans, a similar decrease in brain modularity has been observed in dementia and after traumatic brain injury (7–12). Decreases in modularity of the brain may be partially responsible for cognitive dysfunction that is seen in humans and animal models of alcohol dependence (37–42). Alcohol is known to be neurotoxic in humans and rodent models.

Heavy usage can lead to dementia through Wernicke–Korsakoff syndrome (43–52), and repeated exposure to drugs can result in changes in synaptic plasticity (53). Thus, our findings may be partially attributable to neurotoxicity and changes in neuroplasticity that are associated with chronic alcohol exposure. Additionally, the use of other drugs of abuse, such as cocaine, has been shown to alter functional connectivity and decrease modularity (24, 54–57).

We next assessed the way in which modular organization of the alcohol abstinence network was related to neurobiological organization of the brain that is proposed in the four major neurobiological theories that may explain excessive alcohol use in dependent subjects: recruitment of the mesolimbic dopamine system (58–60), the recruitment of cortico-striatal loops (61, 62), recruitment of the extended amygdala (63, 64), and the three-stage theory (4, 65, 66) (Fig. 7). We identified three modules that were associated with alcohol abstinence: 1) extended amygdala module, 2) midbrain striatal module, and 3) cortico-hippocampo-thalamic module. Notably, in some cases, brain regions that we would expect to be in one module were actually in another module (e.g., the BST, VTA, and ACB were part of the cortico-hippocampo-thalamic module). The extended amygdala and cortico-hippocampo-thalamic modules had directly opposing activation patterns and included exclusively brain regions from specific anatomical groups. The brain regions in the extended amygdala module (e.g., CEA, IA, BLA, LA PSTN, TU, GU, MH, etc.), which are hypothesized to be involved in negative affect (4), matched directly with the brain regions that are proposed by the extended amygdala and three-stage theories. The cortico-hippocampo-thalamic module had actions that opposed the extended amygdala module and included almost all of the PFC, OFC, HIIPP, sensory/somatosensory cortex, THAL, HYPO, VTA, and IPN. Several of these regions (e.g., PFC, OFC, insula, VTA, and ACB) match brain regions that are proposed by the cortico-striatal loops and three-stage theories. The midbrain striatal module contained several regions that are involved in midbrain-striatal dopamine reward signaling (e.g., SNr, SNc, PAG, MRN, lateral septal complex, SI, fundus of striatum, etc.), suggesting that this module fits well with brain regions that are proposed by the mesolimbic dopamine system and three-stage theories. Additionally, the ACB is one of the connector regions between the midbrain-striatal and cortico-hippocampo-thalamic modules. The midbrain striatal module had moderate coactivation with both the extended amygdala and cortico-hippocampo-thalamic modules, suggesting that this group of regions may act to integrate information from the other two modules. Alcohol abstinence results in a major reduction of modular structuring of the brain, similar to other mental disorders (7–12), and the network structure best matches the brain regions and neurobiological organization of a hypothesized three-stage theory (4, 65–67). These data provide evidence that alcohol use and dependence significantly alter the brain, but unclear is whether these alterations of neural coactivation and modularity are a cause or consequence of long-term exposure to alcohol or other factors.

The extended amygdala has been heavily implicated in negative affect during drug withdrawal and protracted abstinence. However, much of the focus of previous studies has been on the CEA and BST (4, 68, 69) and not on connections to other brain regions within this functional module. With regard to alcohol abstinence, the present findings suggest that the extended amygdala as a functional module may need to be redefined to include connections to additional brain areas, such as the PSTN, COAp, IA, EP, and BLA.

Using graph theory, we identified several non-CEA brain regions in the extended amygdala module that may drive alcohol abstinence. The TU was found to have high intermodule connectivity (high PC), primarily through the PAG, suggesting that
The present study demonstrates that alcohol dependence and abstinence significantly decrease modularity and remodel the functional architecture of the brain into three major groups (i.e., a cortico-hippocampal-thalamic module and an extended amygdala module with opposite coactivation patterns and an intermediate midbrain striatal module), thus matching the neurobiological three-stage theory (4, 65, 66) better than any single theory (recruitment of the mesolimbic dopamine system, recruitment of the extended amygdala, and the recruitment of cortico-striatal loops) for the organization of brain regions. Hierarchical clustering and graph theory analyses identified existing and novel hub regions that may drive network dysfunction during alcohol abstinence. Altogether, these results suggest that abstinence from alcohol dependence rather than casual drinking completely remodels the functional architecture of the brain. Future research will be necessary to determine whether changes in coactivation and modularity that are associated with alcohol abstinence are causal features of alcohol dependence or a consequence of excessive drinking and alcohol exposure.

Materials and Methods

Animals. Age-matched male C57BL/6J mice that were bred at The Scripps Research Institute (20 to 30 g) were used for the experiments. The mice were single-housed for the entire duration of the study. The mice were maintained on a 12-h/12-h light/dark cycle with ad libitum access to food and water and 7090 Teklad sani-chips (Envigo) as bedding for the home cages and experimentation. All of the procedures were conducted in strict adherence to the Guide for the Care and Use of Laboratory Animals (83) and approved by The Scripps Research Institute Institutional Animal Care and Use Committee.

Behavioral Testing.

Two-bottle choice/CIE vapor. We used the 2BC/CIE paradigm, a well-established mouse model of alcohol dependence (18, 30–32), to induce alcohol dependence, the escalation of alcohol drinking, and behavioral symptoms of abstinence. In the 2BC/CIE paradigm, weeks of voluntary alcohol drinking during limited-access 2BC sessions are alternated with weeks of CIE (84).

During 2BC weeks, the mice were given access to two bottles that contained water and alcohol (15%, vol/vol), respectively, Monday through Friday for 2 h, starting at the beginning of the dark phase of the circadian cycle. During CIE weeks, the mice were exposed to four cycles of 16-h intoxication/8-h abstinence (Monday through Friday) followed by 72-h abstinence (Friday to Monday). Each 16-h period of alcohol vapor exposure was primed with an intraperitoneal injection of alcohol (1.5 g/kg) to initiate intoxication and pyrazole (an alcohol dehydrogenase inhibitor, 1 mmol/kg) to normalize alcohol clearance rate between individual mice. Average blood alcohol levels were measured periodically at the end of alcohol vapor inhalation periods and averaged (164.6 ± 17.0 mg/dL). Air-exposed mice received injections of pyrazole only.

The mice were first given 2 wk of 2BC (weeks 1 to 2) and were then split into two groups with equivalent baseline intake (nondependent [2BC/Air], n = 5; alcohol-dependent [2BC/CIE], n = 4). The mice were then subjected to five rounds of alternating weeks of Air/CIE exposure with weeks of 2BC drinking (weeks 3 to 12), followed by an additional sixth week of Air/CIE exposure (week 13). The mice were tested for irritability and digging behaviors 7 and 10 d, respectively, into abstinence from vapor (week 14) and were then exposed to a final seventh week of Air/CIE inhalation (week 15). Alcohol-dependent and nondependent mice were perfused 7 d after the last vapor/air exposure, with no intervening behavioral testing or voluntary drinking, at the same time of day as 2BC sessions would occur in previous weeks (week 16). The mice were removed directly from their home cages immediately before tissue collection. Brains from age-matched single-housed alcohol-naive mice (n = 5) were also collected at the same time.

Irritability-like behavior. Irritability is a central feature of alcohol dependence in humans, together with greater aggression and frustration (84–88). Irritability-like behavior was assessed using the bottle brush test (BBT), conducted as described by Rittinen et al. (89). The BBT measures defensive and aggressive responses to an “attack” by a mechanical stimulus (i.e., a moving bottle brush) (90). The BBT has recently been used in alcohol-dependent rats and mice to identify increases in irritability-like behavior during alcohol abstinence (19–21). The methods were similar to Sidhu et al. (21). Testing was conducted under red light. The mouse was “attacked” by moving a bottle brush (14-cm length x 5-cm width cylindrical brush, 33-cm total length with handle) toward it. The attacks were made in the home.

Kimbrough et al.
cage with the lid and food tray removed. Each test consisted of 10 trials with 10-s intertrial intervals. Briefly, the mouse started each trial at the opposite end of the cage and was then “attacked” by the brush. Each attack consisted of five stages: 1) the brush rotating toward the mouse from the opposite end of the cage, 2) the brush rotating against the whiskers of the mouse, 3) the brush rotating backward toward the starting position in the opposite end of the cage, 4) the brush rotating at the starting position, and 5) the brush at the starting position not rotating. Each stage lasted 1.5 s, with the exception of stage 5 that was prolonged, if necessary, until the mouse returned to its end of the cage or 5 s elapsed. Responses to the attacks were observed by an observer who was blind to treatment group. The following behavioral responses were scored: smelling the brush, exploring the brush, biting the brush, boxing the brush, following the brush, tail rattling, escaping from the brush, digging, jumping, climbing/rearing, defecation, vocalization, and grooming. The total number of occurrences of each behavior across all 10 trials was recorded and summed to calculate a total irritability-like behavior score.

Digging and marble burying. Digging and marble burying were measured as described by Deacon (91) and Sidhu et al. (21). Testing was conducted under dim lighting (20 lx). The mouse was placed in a new, clean cage with a bedding thickness of 5 cm and no lid and allowed to freely dig for 3 min. The number of digging bouts and total digging duration were recorded (phase 1). In the next step, the mouse was transferred from the digging behavior to a marble-burying behavior. The bedding was flattened, and 12 marbles were arranged in a 4 × 3 array on top of the bedding. The mouse was reintroduced to the cage and allowed to bury the marbles for 30 min with a lid that covered the cage. The number of marbles that were buried (covered two-thirds or more by bedding) was counted at the end of the test (phase 2) by an observer who was blind to treatment group.

Succharin preference testing. A separate cohort of alcohol-dependent (n = 8), nondependent (n = 10), and naive (n = 8) mice was tested for succharin intake using a 2BSC procedure with succharin (1% wt/vol) and water. Prior to testing, the mice were run under the same 2BSC/CIE or 2BSC/Air protocol as above for 2BC/CIE vapor. Naive mice were presented with two bottles of water for the same duration as alcohol-dependent and nondependent mice that were presented with two bottles with alcohol and water for 2BC sessions. Succharin 2BSC testing started 12 d after the last CIE experiment (8-10 d postmethylation). Testing lasted for seven consecutive days. The average intake (expressed as milligrams per kilogram per 24 h) was recorded across all 7 d of testing for analysis.

Tissue Collection. For alcohol-dependent and nondependent mice, brains were collected 2 d after the last vapor/air exposure, with no intervening behavioral testing or voluntary drinking, at the same time of day as 2BC sessions would normally occur in the previous week. The mice were removed directly from their home cages immediately prior to tissue collection. Brains from age-matched, single-housed, alcohol-naive mice (n = 5) were also collected at the same time. The mice were deeply anesthetized and perfused with 15 mL of phosphate-buffered saline (PBS) followed by 50 mL of 4% paraformaldehyde. The brains were postfixed in paraformaldehyde overnight. The next day, brains were washed for 30 min three times with PBS and transferred to a PBS/0.1% azide solution at 4 °C for 2 d before processing via iDISCO-+. iDISCO+. To evaluate neuronal recruitment during alcohol abstinence, we used single-cell whole-brain imaging using iDISCO+ with immunohistochemistry to detect immediately early gene c-fos expression as a proxy for neuronal activation (14, 17). c-fos was chosen over other immediately early genes because its low baseline levels are optimal for detecting increases in neuronal activity and based on previous success using Fox with the iDISCO technique by Renier et al. (14, 17). The iDISCO+ procedure was performed as reported by Renier et al. (14, 17).

Immunostaining. Fixed samples were washed in 20% methanol (in double-distilled H2O) for 1 h, 40% methanol for 1 h, 60% methanol for 1 h, 80% methanol for 1 h, and 100% methanol for 1 h twice. The samples were then precleared with overnight incubation in 33% methanol/66% dichloromethane (DCM; 720997-12 X100ML; Sigma). The next day, the samples were bleached with 5% H2O2 (1 volume of 30% H2O2 for 5 volumes of methanol, ice cold) at 4 °C overnight. After bleaching, the samples were slowly reequilibrated at room temperature and rehydrated in 80% methanol in double-distilled H2O for 1 h, 60% methanol for 1 h, 40% methanol for 1 h, 20% methanol for 1 h, PBS/0.2% Triton-X-100 for 1 h twice. The samples were then incubated in PBS/0.2% Triton-X-100/20% dimethyl sulfoxide (DMSO)/0.3 M glycine at 37 °C for 2 d and then blocked in PBS/0.2% Triton-X-100/10% DMSO/6% donkey serum at 37 °C for 2 d. The samples were then incubated in rabbit anti-c-fos (1:500, sc-52; Santa Cruz Bio-technology) in PBS–0.2% Tween with 10 μg/mL heparin (PTwH)/5% DMSO/3% donkey serum at 37 °C for 7 d. The samples were then washed in PTwH and PBS to reduce changes of the perihemispheric swelling that occurred and incubated in donkey anti-rabbit Alexa487 (1:500, A31573; Invitrogen) in PTwH/3% donkey serum at 37 °C for 7 d. The samples were finally washed in PTwH for 1 d before clearing and imaging.

Sample clearing. Immunolabeled brains were cleared using the procedure of Renier et al. (17). The samples were dehydrated in 20% methanol (in double-distilled H2O) for 1 h, 40% methanol for 1 h, 60% methanol for 1 h, 80% methanol for 1 h, 100% methanol for 1 h, and 100% methanol again overnight. The next day, the samples were incubated for 3 h in 33% methanol/66% DCM until they sank to the bottom of the incubation tube. The methanol was then washed for 20 min twice in 100% DCM. Finally, the samples were incubated in DiBenzyl Ether (DBE; 108014-1KG; Sigma) until clear and then stored in DBE at room temperature until imaged.

Image acquisition. Left hemispheres of cleared samples were imaged in the sagittal orientation (right lateral side up) on a light-sheet microscope (Ultrastructure microscopy II; LaVision Biotech) equipped with a scientific complementary metal–oxide–semiconductor camera (Andor Neo), 2×0.5 objective lens (MVPLAPO 2×), and 6-mm working distance dipping cap. Impnmicroscope controller v144 software was used. The microscope was equipped with an NKT Photonics SuperK EXTREME EXW-12 white light laser with three detectors. A single photon excitation was used to visualize the 480-nm channel (1.6x effective magnification) with a light-sheet numerical aperture of 0.148. Excitation filters of 480/30, 560/40, and 630/30 were used. Emission filters of 525/50, 595/40, and 680/30 were used. The samples were scanned with a step size of 3 μm using dynamic horizontal scanning from one side (the right) for the 560- and 630-nm channels (20 acquisitions per plane with 240-ms exposure, combined into one image using the horizontal algorithm) and horizontal scanning for the 480-nm channel using two-sided illumination (100-ms exposure for each side, combined into one image using the blending algorithm). To accelerate acquisition, both channels where acquired in two separate scans. To account for micromovements of the samples that may occur between scans, 3D image affine registration was performed to align both channels using ClearMap (17).

Data Analysis. Behavioral data were analyzed, and Pearson correlations were calculated using Statistica software (Tibco). Hierarchical clustering was performed using R Studio software. Drinking data are presented as average weekly intake for 2BC sessions. The drinking data were analyzed using repeated-measures ANOVA of the average baseline intake and the last 2 wk of drinking. Post hoc analysis was performed using the SNK test. Nondependent mice and naive mice did not show significant differences in any measure of irritability-like behavior or digging behavior and thus were combined into a single control group for analyses of these data. Irritability-like behavior and digging behavior were analyzed using t tests. Values of P < 0.05 were considered significant for alcohol-dependent vs. control mice. Digging behavior (number of bouts, duration of bouts, and number of marbles buried) was combined into a single digging value by calculating the mean of the values for each individual behavior for all animals across all treatments and then calculating the average Z-score across all three behaviors for each animal.

Identification of Activated Brain Regions. Images that were acquired from the light-sheet microscope were analyzed from the end of the olfactory bulbs (the olfactory bulbs were not included in the analysis) to the beginning of the hindbrain and cerebellum. Counts of Fos-positive nuclei from each sample were identified for each brain region using ClearMap (17). ClearMap uses autofluorescence that is acquired in the 488 channel to align the brain to the Allen Mouse Brain Atlas (92) and then registers Fos counts to regions that are annotated by the atlas. The data were normalized to a log10 value to reduce variability and bring brain regions with high numbers (e.g., thousands) and lower numbers (e.g., tens to hundreds) of Fos counts to a similar scale.

Identification of Coactivation within Individual Networks. Separate interregional Pearson correlations were then calculated across animals for the alcohol-dependent, nondependent, and naive groups to compare the log10 Fos data from each brain region to each of the other brain regions. For all of the functional coactivation network analyses, the nondependent and naive groups were analyzed separately to maintain a relatively equal n (n = 4 for alcohol-dependent, n = 5 for nondependent, and n = 5 for naive) for the correlation calculations. Instead of using an alphabetical arrangement of each anatomical group from the Allen Mouse Brain Atlas (92), we split

2156 | www.pnas.org/cgi/doi/10.1073/pnas.1909915117
Kimbrough et al.
the alcohol-dependent interregional Fos correlations into individual anatomical groups (i.e., cortical plate, cortical subplate, striatum, pallidum, thalamus, hypothalamus, and midbrain plus hindbrain). We then calculated the complete Euclidean distance and performed hierarchical clustering of each individual Allen Mouse Brain Atlas group separately. We then rearranged the order of the brain regions for each group based on hierarchical clustering. Using this order for each anatomical Allen Mouse Brain Atlas group, we then merged the groups back together, resulting in an “ordered Allen Mouse Brain Atlas list,” which was then applied to arrange the heat maps of correlations for all treatments (Fig. 3 A–C). This arrangement did not alter the values in any way and was used solely for visualization purposes.

**Analysis of Amygdala Cluster vs. Other Major Brain Clusters.** For each treatment condition, average R values were calculated for correlations between each individual brain region of the amygdala cluster and all brain regions from each of the other clusters that were examined (e.g., average R for CEA to cortical regions). An average and SEM were then calculated across the average R values for all of the amygdala brain regions for each given comparison. A one-way ANOVA was then performed to examine the effect of treatment condition on the average R value for each amygdala vs. other cluster comparison (e.g., average R for amygdala to cortical regions).

**Hierarchical Clustering.** Previous rat and mouse studies that examined functional connectivity used five to eight animals (23, 24). The number of samples that are examined in functional connectivity studies is the number of potential connections (i.e., 123 total brain regions all connecting with each other). Furthermore, hierarchical clustering organizes brain regions into modules by grouping regions that show a similar coactivation profile across all other brain regions. Thus, more total connections minimize the effect that an inaccurate brain region-to-brain region connection has on network organization and overall network structure. Hierarchical clustering of distance matrices that were associated with the coactivation network of each condition was used to identify modular structuring of the brain (93–96). Interregional Fos correlations were used to calculate complete Euclidean distances between each pair of brain regions in each group of mice. The distance matrices were then hierarchically clustered by both row and column using the complete method to identify modules of coactivation within each treatment group. The hierarchical cluster dendrograms were trimmed at half the height of each given tree to split the dendrogram into specific modules. The result of tree cutting was consistent across multiple tree-cutting thresholds (Fig. 5D).

**Graph Theory Identification of Functional Networks.** We used a graph theory-based approach to identify the functional neural network of abstinence symptoms that are seen in alcohol dependence. Graph theory is a branch of mathematics that is used to analyze complex networks, such as social, financial, protein, and neural networks (23, 97–108). Using graph theory, functional networks can be delineated, and key brain regions of the network can be identified (23, 100, 109, 110).

Previous studies of regional connectivity profiles in Fos coactivation networks focused on global measures of connectivity (e.g., degree) (26, 79). However, in correlation-based networks, these measures can be strongly influenced by the size of the subnetwork (module) in which a node participates (111). For the graph theory analyses, we were interested in regional properties and not module size per se. Thus, module structure needs to be considered when examining the role that each region plays in the network. To accomplish this, we utilized two widely used centrality metrics that were designed for application to modular systems. The WMDz indexes the relative importance of a region within its own module (e.g., intramodule connectivity), and the PC indexes the extent to which a region connects diversely to multiple modules (e.g., intermodule connectivity) (29).

We first took the Pearson correlation values that were calculated for the brain regions from alcohol-dependent mice. Prior to plotting and calculating regional connectivity metrics, the network was thresholded to remove any edges that were weaker than $R = 0.75$. As such, visualization and graph theory analyses were performed using only edges with positive weights. Regional connectivity metrics (PC and WMDz) were calculated as originally defined by Guimerà and Nunes Amaral (29), modified for application to networks with weighted edges. PC and WMDz were calculated using a customized version of the bcgp Python package (https://github.com/aestrivex/bcgp), which is derived from the MATLAB implementation of Brain Connectivity Toolbox (109).

For WMDz, let $k_i$ (within-module degree) be the summed weight of all edges between region $i$ and other regions in module $s$, and let $k_{	ext{avg}}$ (total degree) be the summed weight of all edges between region $i$ and all other regions in the network. The PC of each region is then defined as

$$\text{WMDz} = \frac{k_i - k_{\text{avg}}}{\sigma(k_{\text{avg}})}$$

This provides a measure of the extent to which each region is connected to other regions in the same module.

For PC, let $k_i$ (between-module degree) be the summed weight of all edges between region $i$ and regions in module $s$, and let $k_{\text{total}}$ (total degree) be the summed weight of all edges between region $i$ and all other regions in the network. The PC of each region is then defined as

$$p_i = 1 - \frac{n}{\sum} \frac{k_i^2}{k_{\text{total}}^2}$$

This provides a measure of the extent to which the connections of a region are distributed mostly within its own module (PC approaching 0) or distributed evenly among all modules (PC approaching 1).

A high PC was considered $\geq 0.30$, and a high WMDz was considered $\geq 0.70$. Previous studies have used ranges of $\geq 0.30$ to $0.80$ for high PC and $\geq 1.5$ to 2.5 for high WMDz (29, 108). Because of differences in the sizes/types of networks that were examined and the methods that were used (e.g., Fos vs. functional magnetic resonance imaging), our WMDz values were considerably lower overall (ranging from $\sim 1.5$ to 1.5). Therefore, we adjusted the range for high WMDz accordingly. This resulted in 7/20 regions for the extended amygdala module, 9/24 for the midbrain-striatal module, and 25/79 for the cortico-hippocampo-thalamic module that were considered to have high WMDz.

Network visualization was performed using a combination of Gephi 0.9.2 software (112) and Adobe illustrator software. Nodes were positioned using the Force Atlas 2 algorithm (111).

**Data Availability.** Data will be made available upon request.

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Kimbrough et al.


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